



# **EVENTS**

Events	Distance	Laps	Start
U14	3.8km	2	9.00am
U16	5.7km	3	After U14
Open	7.6km	4	After U16

#### **DIRECTIONS TO RUNNERS**

Runners must keep to the cones on their left.

ID numbers must be clearly visible on the front of each athlete's singlet. Sydney Park features a Kiosk/Café operating and an excellent children's playground adjacent to the Start/Finish area.

### **PARKING**

There is parking available adjacent to the Start/Finish area, off Princes Highway and Sydney Park Rd.

\_\_\_\_\_

Please find available parking areas indicated on the map below/opposite.

## **VENUE**

Sydney Park Princes Highway St Peters

# **HOSTS**

Shore

# **REFEREE**

Mr Jeremy Longworth Mr Michael Spratt

### **CONTACT**

Mr Michael Spratt **MIC Cross Country** Shore Ph: 02 9923 2277



# COURSE MAP

